

## 21st Century Skills in Family and Consumer Sciences

Room#s: 152/154 Phone #: (815) 439-4810

Best way to reach me is by e-mail

# Family & Consumer Sciences

*Mrs. Stachelski*

E-mail: [kstachel@psd202.org](mailto:kstachel@psd202.org)

# Skills for LIFE!

The focus of this class is to provide you with the basic skills you will use throughout your lifetime. You will learn basic stitches, sewing skills and figure out how to fix that piece of clothing that has a hole! In addition, you will have to feed yourself and possibly others for the rest of your lives. I will help you gain the skills you need to be successful in the kitchen. This is real world training!! Let's start learning the skills you will need for LIFE!

### 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Grade:

Semester long class on an A/B schedule. (18 weeks)

- 9 weeks in sewing
- 9 weeks in cooking

### How am I graded?

- Classwork/Homework
- Foods Labs/Projects
- Sewing Labs/Projects
- Test/Quizzes

Let's get this  
class started!!



## KEEP CALM AND GRAB THE *seam ripper.*



### Sewing:

Hand sewing needles  
Pin cushion/straight pins  
Bobbins (7<sup>th</sup> & 8<sup>th</sup> only)  
Thread  
1 yard fabric (no fleece 7<sup>th</sup> only)

### Cooking:

Writing Utensil  
Recipes  
Hair Tie/Hat (long hair)

*Supplies due:*

---

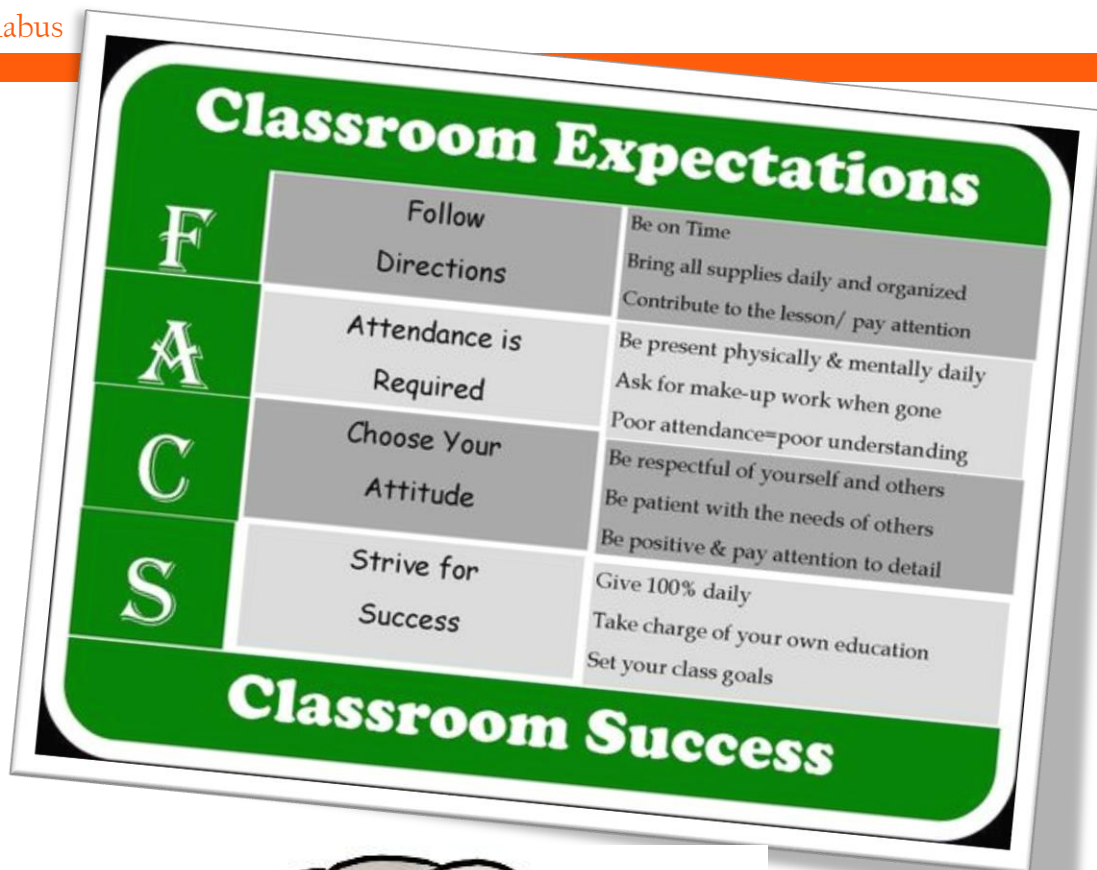
## Projects:

Projects/Labs are a large part of your grade in FACS. You will spend a great deal of time learning the steps to completing your sewing projects. Your sewing projects make up the majority of your grade along with practice sewing assignments.

If you fall behind on your sewing projects you are required to make up time until you catch up. You may need to come in before or after school to do so.

Sewing projects are not to be taken home until they are finished and graded.

Cooking labs are worth 50 points. If you are absent on a scheduled lab day you are required to make it up at home. You DO NOT have to make the missed recipe but it has to be something that requires you to measure at least 3 ingredients. Parents will grade you and you will be required to bring in a sample.



## Other Policies

**Absentee Policy** - Yes- WE DID SOMETHING IMPORTANT WHILE YOU WERE ABESNT!! It is your responsibility to check with me the day you return to class to find out what you missed. You have TWO DAYS for each day you are absent to make up missed work. You will have 1 week to make up a missed lab.

**Late Work** will be entered into HAC weekly. If you didn't turn it in it will be a ZERO until turned in. Every day your work is late you will lose 10%.

**DON'T YUCK SOMEONE ELSE'S YUM** – A huge component of this class is being willing to try new foods. EATING IS AN EXPERIENCE. While you might not like a recipe made in class, someone else does! Don't ruin the experience for them.

**My dog ate my homework...**If your work isn't turned in and we have food's lab, you will participate but you will not be eating.



# Student Information

## Family and Consumer Science (FACS) with Mrs. Stachelski

This SINGLE sheet is due: \_\_\_\_\_

*Please print clearly*

Student Name: \_\_\_\_\_ Grade: <sup>Circle</sup> 6 <sup>Circle</sup> 7 8 Day: A or B

- Primary Contact: \_\_\_\_\_
- Best way to be reached: \_\_\_\_\_

My child has the following food allergies: \_\_\_\_\_

My child has the following food related conditions: \_\_\_\_\_

Other information I should be aware of: \_\_\_\_\_

I have read the course syllabus and understand my child is required to bring in sewing supplies by \_\_\_\_\_

**\*\*Note:** If you have any trouble getting the supplies please let me know A.S.A.P. as I can provide your child with needed supplies.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\*\*Looking forward to an exciting year with you! ~Mrs. Stachelski\*\***